

The steinchiropractic

HEALTH HISTORY FORM

First Name Last Name Address City			
Address			
How did you hear about us?			
Have you had Chiropractic care before? Yes No			
Reason for today's visit? When did this begin?			n the past?
	 ☐ Headaches ☐ Migraines ☐ Neck Pain/Stiffness 	 Fused/Fixated Joints Herniated Disk Seizure Disorders 	□ Cancer □ Stroke □ Pacemaker
	 Hip Pain/Stiffness Shoulder Pain/Stiffness 	 General Secure Disorders Joint Replacement Osteopenia 	 Hepatitis Tuberculosis
	Low Back Pain/Stiffness Upper Back Pain/ Stiffness	Osteoporosis AIDS/HIV	🗆 Hernia
	Back/Spine Condition Other		
Initial here If you do not have any of the following conditions			
🗆 Recent Major Trauma	Ankylosing Sp	ondylitis 🛛 Rheumatoid	Arthritis 🛛 Myelopathy
Spinal Surgery Date Spine Level	🗌 Vertebrobasilar Insufficiency Syndrome(VBI) 🛛 🗆 Arthropathies		
Spinal Fracture Date Spine Level	□ Spinal Bone Demineralization □ Spinal Joint Instability		
□ Spinal Dislocation Date Spine Level	Major Artery Aneurysm near the Spine: Where		
Spinal Tumor Date Spine Level	Other health history issues		
Spinal Infection Date Spine Level	······································		
I do not have a current Workers Compensation Case, Personal Injury Case or Car Accident Case.			
Int I am not Medicare eligible and I understand that Medicare will not be billed.			
Int I understand that some chiropractors use x-rays and diagnostic testing to rule out medical conditions. I do not wish to have either done for personal reasons.			
Int I direct Yosef Stein, D.C. to perform only the minimal evaluation procedures needed to find Vertebral Subluxations.			
Int I understand my patient visits will be stored using an electronic health record it is my responsibility to check in for every visit and to notify Yosef Stein, D.C. if I am unable to do so.			
Name of Patient Date			

Patient or Legal Guardian Signature

Stein Chiropractic | 5450-F Clairemont Mesa Blvd. San Diego CA 92117 | P 858.587.7000 | www.steinchiropractic.com



Date

INFORMED CONSENT TO CHIROPRACTIC CARE

We provide adjustments or manual manipulations through the gentle application of a targeted movement where and when indicated by a licensed Doctor of Chiropractic to improve motion of the body's spinal column and extremities.

Chiropractic treatment, including spinal adjustment, has been the subject of government reports and multi-disciplinary studies conducted over many years and has been demonstrated to be an effective treatment for many neck and back conditions involving pain, numbness, muscle spam, loss of mobility, headaches and other similar symptoms. Routine chiropractic treatment can result in better function, improved joint motion, and a healthier, more active lifestyle.

However, there are some risks associated with chiropractic adjustments, including, but not limited to the possibility of sprains, dislocations and fractures. In addition

- 1. While rare, some patients may experience short term aggravation of symptoms, rib fractures or muscle and ligament strains or sprains as a result of manual therapy techniques
- 2. There are reported cases of stroke associated with neck movements including adjustments of the upper cervical spine. Current medical and scientific evidence does not establish a definite cause and effect relationship between upper cervical spine adjustment and the occurrence of stroke. Furthermore, the apparent association is noted very infrequently. However you are being warned of this possible association because a stroke may cause serious neurological impairment and result in injuries including paralysis.
- 3. There are reported cases of disc injuries following cervical and lumbar spinal adjustments or chiropractic treatment.

The risk of injuries or complications from chiropractic treatments are substantially lower than that associated with many medical or other treatments, medications, and surgical procedures given for the same treatments.

Common alternatives to adjustments and manipulations include medications, physical therapy, other medical treatments and surgery provided by physicians and surgeons.

By signing this Informed Consent, I acknowledge that I have discussed, or have had the opportunity to discuss, with my Doctor of Chiropractic the nature and purpose of chiropractic treatment in general and my treatment in particular (including spinal adjustments), the benefits, risks and alternatives to chiropractic treatment.

I consent to the chiropractic treatments offered or recommended to me by my Doctor of Chiropractic, including spinal adjustments. I intend this consent to apply to all my present and future chiropractic care received from Stein Chiropractic.

I understand and am informed that some risks are associated with chiropractic adjustments, including, but not limited to, sprains, dislocations, fractures, disc injuries, strokes and paralysis.

Patient's Name ___

Patient/Legal Guardian Signature ____

Signature

Date