

Stein Chiropractic Center

Weekly Wisdom

January 3 – January 7, 2011

Hope

The carnal consciousness, with limited experience, finds itself confronted with an unsolvable situation. When it sees no way out, it frequently gives up to what is known as despair. Life becomes dark, undesirable, meaningless. Were it not for the indispensable emotion of hope, which lies dormant in each human soul, this particular carnal consciousness would eliminate itself through self-destruction. But always the voice of past experience comes to the rescue saying, "Have hope."

Temporarily the human consciousness may conclude that the body is the entire person, and viewing the dissolution of the body by disease, it believes that all is lost and that death will be the inevitable result. Still the invincible spirit of hope clamors for acknowledgment. Then that person calls on those in whom he or she has faith to intervene. The individual called may be a doctor, a religious figure, or another person, but that act is always an expression of hope.

2	6		9			1	3	
9			2			6	7	4
								9
4	1				9			
	3			4			6	
			3				4	2
8								
7	2	5			3			6
	9	3			4		8	7

Puzzle by websudoku.com

Haha!

Police Humor:

A motorist was mailed a picture of his car speeding through an automated radar post in Pendleton, Oregon. A \$40 speeding ticket was included. Being clever, he sent the police department a picture of \$40. The police responded with another mailed photo of handcuffs.

An Oregon policeman had a perfect spot to watch for speeders, but wasn't getting many. Then he discovered the problem--a 12-year-old boy was standing up the road with a hand painted sign, which read 'RADAR TRAP AHEAD.' The officer also found the boy had an accomplice who was down the road with a sign reading 'TIPS' and a bucket full of money. (And we used to just sell lemonade!)

Congratulations to Moty Freifeld and Jason Metcalf for completing the last sudoku.



Wishing you HEALTH in mind and body for all the New Year!



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Planning Your New Years Resolutions

(Compliments of Tut.Com)

Now that the New Year is has started, now is a great time to:

1. Wipe the slate clean.
2. Focus upon what you really want.
3. Chart your course.

Right?

Well... only if you want to risk having to repeat these steps for the same wishes next year! Maybe this is splitting hairs, but here's an adventurous alternative:

1. Give thanks that life is... just as it is (and that it's been... just as it's been). Because of it, you're now "READY."
2. Define what you want in terms of the end result. Don't worry about the hows, or even the course. KNOW that what you want is ALREADY yours in spirit, by divine LAW, just focus on the certainty of this ownership, understand it, claim it, and "it will be on earth, as it is in heaven (spirit)."
3. LET THE UNIVERSE show you the way via your impulses and instincts that appear as you take inspired action. Don't worry that your first steps seem silly or futile. And if you don't know what to do, do anything! Go! Get busy! Do not insist on intermediary successes, only upon the end result.

2011 is going to be your year (it already is).

Quote of the week:

"For last year's words belong to last year's language and next year's words await another voice."

T.S. Elliot