

# Stein Chiropractic Center

## Weekly Wisdom

September 27 – September 29, 2010

### Patience

“Life is one great battle with all its trials and problems. But whatever the necessities of life and whatever the tribulations, small or great, we must remember that unwavering patience and endurance to the end will fortify our character. Our increased strength will move us toward final mastery of all the circumstances that tend to impede our progress.

Every individual can conquer the weaknesses in his or her own nature through a knowledge of and obedience to the laws governing the body, mind, and soul. However, the evils of the world are beyond individual jurisdiction, except where we can serve to help others see the right path. This is best done by example. The world owes its advancement to those souls whose consistent actions personify the positive attributes of faith, hope, charity, patience, and love. When these people are in the majority we may expect the unification of humanity. When people will love one another, they will by their own actions gradually eliminate from the earth all the evil attributes we now know.”

	6	2			8	3		
9	5	7			4			
8			6	7	9			
		6		1	3			
		4	5		2	9		
			8	4		5		
			7	8	6			4
			4			1	8	7
		8	2			6	5	

Puzzle by websudoku.com

Big THANKS to Sara Baila Lederman for completing last week's sudoku!

### Please Join Us

The Laws of Life Class is every Tuesday night a 7pm and is OPEN to everyone! We are now studying a book by Tony Parsons, *As It Is, The Open Secret To Living An Awakened Life*. It shows how a deep-rooted misperception of our true identity has caused us to live in "apparent" pain and fear.

### Are You Kidding Me?

#### **Business Rules to Live By**

- If you can't get your work done in the first 24 hours, work nights.
- A pat on the back is only a few centimeters from a kick in the butt.
- Don't be irreplaceable, if you can't be replaced, you can't be promoted.
- It doesn't matter what you do, it only matters what you say you've done and what you're going to do.
- After any salary raise, you will have less money at the end of the month than you did before.
- The more crap you put up with, the more crap you are going to get.
- You can go anywhere you want if you look serious and carry a clipboard.
- When the bosses talk about improving productivity, they are never talking about themselves.
- There will always be beer cans rolling on the floor of your car when the boss asks for a ride home from the office.



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## **Seeing Inside**

### *Sight Versus Vision*

Sight is the ability to see the physical world while vision is the gift of seeing beyond it. Sight enables us to take the physical world in so we can participate in it with knowledge. It brings us pleasure through our eyes, which perceive the colors and shapes of all the myriad expressions of nature and human beings. It helps us feel in control, allowing us to see what is coming toward us, which way we are going, and exactly where we are standing at a given moment. We are able to read signs and books, navigate the interiors of buildings with ease, sense and perceive how a person is feeling by the expressions that cross her face.

As anyone who has lost their eyesight can tell you, though, there are things that are clearer when you cannot see the world through your eyes. One of the reasons many meditation instructors advise sitting with the eyes closed is because we automatically become more in touch with our inner world when we are not distracted by the outer world. It is in this state that vision becomes our mode of seeing. Vision comes from within and shows us how to navigate the realms of thought, feeling, and emotion. It enables us to see things that aren't yet manifested in the world of form, and it also connects us to that part of ourselves that exists separately from the world of form.

As we age, even those of us with perfect eyesight will generally lose some of our acuity, but this loss is usually replaced with inner vision. This is the time of life when we are meant to turn inside and take what are sometimes the very first steps of a journey that cannot be traced on a map. We call upon intuition and feel our way along a path that ultimately carries us beyond the realm we can see with our eyes and into the land of spirit.

#### ***Quote of the week:***

*"Individually, we are one drop. Together, we are an ocean."*  
--Ryunosuke Satoro